

# **CC CYCLE CLUB WEYMOUTH**

## **W**

***Founded 1981 Affiliated to BC & CTT***

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### **APRIL NEWSLETTER**

As usual apologies for the lateness of this newsletter which has, in an effort to become more regular, now become more of a news sheet. Although this has in fact made it less regular. This is in an effort to ensure that those who do not have access to the website [www.ccweymouth.co.uk](http://www.ccweymouth.co.uk) have the same information. From now on these will come out every two months. Unfortunately the information will never be current, but it does enable the information to be passed to members who do not access the website, which has currently become the club's central point of information issuing.

A very quick round up of the time since the end of the season. The AGM raised some interesting ideas, mostly from Pete W. To catch it next time be there, it's worth it! Clubhouse evenings at the Menzies Room in Upwey felt a real success. There were a variety of themes and they were a good start for future evenings. Thank you to those who supported them, they will evolve into whatever the participants make them, so come along and add your bit. Unfortunately the Club Dinner did not go ahead; the membership will be courted earlier next time to better gauge the interest and hopefully a more satisfactory conclusion can be arrived at. The start to the season has seen some excellent results, see below. There has been an influx of fellow club riders and a good smattering of come and tries which is excellent. Our Open 10 as usual went well on what turned out to be a very windy day. Thank you to Ian Locock who organised it this year and for all the support on the day.

There is a natural and friendly atmosphere developing within the club. Perhaps this is as a result of the club nights over the winter period. This seems to have carried over into race nights, which will hopefully encourage increased enjoyment and participation of all members. The club continues to offer racing to a wide range of riders, however, it does not have a limitless source of volunteers. Please offer your services at the earliest opportunity. This not only makes planning more efficient, it also shows a real commitment to the club and others who support events throughout the year. Thank you.

Finally with the changes of a new start finish on the 25, a new 25 and a 5, added to the replacement for the Hardriders this could be another interesting season of improvements all round. Good luck and ride safely.

Below is an account of Shelly and Chris' ill-fated trip to Cambridge in February.

We had a good trip away although it was soured a lot on our day of departure.

Gate crashed Haverhill Cycle Club on Sunday to do a 35mile ride in the rain. It was a fairly steady ride, and both Chris and I were shocked when we came to THE HILL. It was a gentle steady slope, which was a reasonable distance, the sort of hills we dream about in Dorset. I was just getting into the ride, when they all pulled into a café; this was very alien to Chris and I especially as we decided not to take any money!!! Nice friendly bunch though, they even subbed us a cup of tea.

Tuesday was positively glorious, so we mounted our bikes and blasted around the countryside, to Newmarket and then onto Bury St. Edmonds. Easier said than done, trying to avoid the ferocious A14. After Bury St Edmonds Chris blew and I took up the pace, with Chris hanging on to my back wheel with all the energy he didn't possess I showed no mercy. A very good 60 mile ride.

Wednesday was galling, to find that our van had been stolen! It must have been such a thrill to drive our Bedford Rascal roaring with power, all 1000cc's of it. Anyway the kids couldn't even hotwire the vehicle properly and burnt out the starter motor within 100 metres of where it was parked. The problem was that they should have done it properly and written the van off, instead it isn't worth our while claiming on the insurance. Chris even found out which group of kids were responsible, but the police didn't want to know. Our experience of Suffolk police is not good so we are forced to write to the Chief Inspector to find out what they are playing at. We still don't have a Crime Number.

One good thing – the bikes weren't in the van. Shelly and Chris

**West Dorset Cycle Jumble.** Saturday 29 April 2006 10am to 1pm. Admission £1 (members 50p)  
Proceeds to the Cyclists' Defence Fund Junk Table for charity, bring your contribution. Refreshments  
Upwey and Broadway Memorial Hall, Victoria Avenue, Weymouth. Grid ref SY668845

Directions: take the A354 from Dorchester to Weymouth. Soon after entering Upwey the hall sign is on your right, turn left into Victoria Avenue.

Contact and table bookings to Ken Reed, 66 Old Castle Road, Weymouth DT4 8QE  
Phone 01305 772654, email [anneandken@neale.net](mailto:anneandken@neale.net) Cheques payable to CTC (West Dorset Section)

### **19th February**

Michelle, Chris, Carolan and one of the Andrews rode out to the interclub event at Gallows Hill this morning. The atrocious conditions meant that the event was cancelled, so they all rode home again. All in all, a very wet and cold Sunday. Roll on Spring.

### **27th February**

Report from Pete Washington about his trip to Thruxton yesterday.

On a cold and windy morning, Dean Critchell, his dad Alan and Peter Washington set out for the first of the season's Circuit Races at Thruxton. We had entered the 12 lap 25 mile event for 4th category riders. Dean figured quite a lot at the front still sticking to the small chainring throughout the whole event. Only 1 rider got away with 2 laps to go and the rest of the field came in together well strung out after the slope and 'S' bends before the finish, into a very strong wind. Dean finished 11th and Peter 21st out of a starting field of over 50.

Where did Alan finish?

### **1st March**

Regrettably the club dinner has had to be cancelled due to lack of numbers. The prize presentation will instead go ahead at 8pm on the next club night (March 21st) in the Menzies Room. Rosemary Locock is looking into the format for this year's prize presentation, hopefully to be held in mid-November. Please contact her with your ideas for a venue and/or format and when she has a majority decision, she will organise it for you. You can email Rosemary here.

If you were a member of the club last year, but have not renewed your subscription, you are advised that your membership has now lapsed.

### **3rd March**

Proofs of the new clothing have been received from Santini. Colour scheme looks good, but the lettering is a bit over the top. Some changes have been requested and on receipt of those proofs, the order will likely be placed.

Also have some information about the 100k reliability trial from Shelly reproduced below.

Chris and I had a hectic start, we tried to leave Portland, but due to early morning organisation we hadn't quite got everything. We arrived at the clock to realise that everyone had started! We did not give up, we set about catching the pack up, which we duly did, my was that an incredible effort. Chris caught them at the top of Gould's Hill; I must confess I caught them a bit latter. It was not an easy start, and the group was gently winding up the pace. I was still keeping up but I was already knackered with the earlier effort.

Gorgeous ride I thoroughly enjoyed it, Chris and I even had a little sprint finish at the end. We did it in 4hrs, and that was 2-3 minutes after the main pack had set off. Happy peddling. Shelly

### **7<sup>th</sup> March**

Chris Jones was fourth in the inter club around Poole Harbour last Sunday. As previously reported, Max Baldock was the winner in 1:7:00. An excellent performance by Chris, so graphically described below.

I finally got to give myself the first pasting of the season in the Round the Harbour 28. I arrived at the start with my usual sense of timing, this time I was early rather than late, but there was no-one there. This tends to get you thinking 'am I at the right place', but eventually more riders turned up. The field was around 20 riders with your

humble narrator starting in #13. The course starts off with a little run into Pony Drive roundabout before joining the A35 for the blast down to Baker's Arms roundabout. Then it's straight on towards Bere Regis, which today featured enough of a headwind to make it a good warm up. After an agonising 9 miles or so the course mercifully turned almost 180 degrees to follow the "Silent Woman" road into Wareham. Through a couple of roundabouts to join the Wareham bypass, at which point I spotted a gaggle of CCW riders. I would have waved or shouted or something, but:

1. I had my head down, bit between teeth.
2. I was breathing through my erm, ears.

The Wareham bypass was a lovely fast stretch with another sprinkling of roundabouts. The final roundabout before Corfe was almost the end of the race for me.

About half way round I hit a patch of grit/salt and lost all grip on the back wheel. I slid neatly sideways before running out of roundabout. I performed a neat little hop, did about 20m of cyclo-cross before rejoining the road, still in the aero bars doing 28mph. I think I might have been a bit keen on the way into the turn. Really, these disc wheels should have some kind of warning on them. Something like: "this wheel may cause you to be travelling at around 10mph faster than you think you are."

After Corfe the course leads you along the B3351. "No probs!" I thought, having cycled this area before. What I forgot is that I tend to be on a mountain bike with a 22x32 bottom gear (or 18 inches ish). After a few miles of agony at last I dropped down to the undulating final couple of miles before crossing the line in a time of 1:11:36.

There is going to be an open time trial held on this course on the 2nd of April and I would seriously recommend it for the challenges it poses.

### **11th March**

Club clothing order has now been placed and delivery is expected around mid-May.

### **13th March**

It appears that a very hardy half-dozen started the 100 mile reliability trial yesterday, but only one may have completed the journey. Thanks to Shelly for the following account.

100 miles in this weather you have to be joking! Chris and I managed to scrape in 95 miles but that includes biking from and to Portland.

I think the only person to succeed where others did not was Ewan, but we only saw him again as he retraced his wheels back through the Piddle Valley showing acute signs of dedication. We didn't see him finish, but I think we can expect great things from him this season.

Pete W, Graham, Carolan, Chris and I were the hardy bunch who braved the elements. Pete and Graham left us just after Kingston Maurward. This left the three of us and believe me we were freezing, each waiting for the other to crack so we could just go home! It was in the Piddle Valley when disaster struck and Carolan suffered a puncture, which was deftly repaired and we were shivering on our way again. I decided to call it a day for all of us and head for home, just before going back to Bere Regis. We managed a total of 77.6 miles in cold conditions and the warm coffee and hot water bottles were great – thanks to Carolan, before braving the elements once more to ascend Portland.

### **20th March**

Two results from the weekend of racing. Julian Foster has opened his season with a sixth place in the Poole Wheelers 10.5 mile Gallows Hill circuit on Saturday, recording 27:48. Neil Woodgate won this one with a time of 24:30.

Further afield, Ewan Tarrant was in Open event action at the Sotonia 10 on the Thruxton course. Conditions were totally wrong for the course and added to the cold it's no surprise that times were not fast. Ewan recorded 24:10 to winner Richard Prebble's 21:33.

Thanks to Peter Washington for this week's Wareham Wheelers instalment together with some other interesting and useful information.

What a beautiful day! Again there was a lack of numbers. (Could this be due to Wareham overload? Ed) Andrew, Mick, Carolan, Peter and Dean (recovering from a bout of Flu) scaled the dizzy heights of Whiteways with splendid views in bright clear conditions. We picked up Colin Hoskins at Corfe Castle and after our customary stop at Wareham Quay returned to Dorchester via Moreton.

I have had very good news from the Dorset Police. They have granted my application to hold a series of Thursday evening Kermesses based on a 2.4 mile triangular circuit centred on Moreton Village Hall as Race HQ. These races will be held under The League International rules and will take the form of age related handicapping with up to 50 riders. Races will be of 1 hour plus, starting at 7.00pm. and run from mid May to August. I hope CC Weymouth riders will compete as well as give some assistance to their running.

The LVRC event based at Wool is scheduled for Sunday 30th July.

Wednesday night training continues subject to weather conditions.

First Club 10 is this Saturday starting at 2.30pm. Lets have a good turnout.

Sunday 26th March, Circuit racing at Thruxton. Dean and myself will be competing. There will also be a Sunday ride Starting from Dorchester.

Go careful out there and talk to other cyclists with a view to recruiting more participating Club members.

## **22nd March**

Last night saw the last club night of the winter attended by around a dozen members. Paul Gould presented the awards for 2005 to the winners that were present during a very pleasant evening. Rosemary has not had any feedback about this season's prize presentation preferences to date, so do make your feelings known to her so that she can organise an event that will satisfy the majority and ensure a good turnout.

On the subject of club nights, please let me know if you want them repeated next winter. One meeting a month from October to March is quite feasible, so let me have your ideas about format and timings etc.

## **Timekeepers are urgently required for club events on the following dates;**

2nd & 16th September.

Riders, please volunteer to cover just one event to prevent them being cancelled.

If you can help please contact Michelle Lindley.

## **25th March**

After a dry, but cold winter, this afternoon's opening event in the club time trial programme was held in absolutely foul conditions that very nearly caused its cancellation. Eight riders, of whom three were ladies, took the start and the result shows a narrow win for Carolan from Chris Jones.

### Result

1 Carolan Smerdon	25:56	10
2 Chris Jones	25:59	9
3 Julian Foster	28:14	8
4 Monique Hoban	34 Nomads	28:41
5 Nick Bateson	Poole Whs	28:20
6 John Chapman	29:04	7
7 Andrew Preston	29:29	6
8 Michelle Lindley	30:28	5

Prospective riders are reminded that it is a club policy that signing on will cease 5 minutes before the published race start time to allow the timekeeper to reach the start. There is to be no signing on after the timekeeper has left the HQ area.

## **26th March**

After his wet ride in the 10 yesterday, Julian Foster braved the atrocious weather again today in the CTC 100 in 8 reliability trial in East Dorset. There was a predictably low turnout of only three participants, but Julian made short work of it by being the first rider home in 6hrs 50 mins. Well done Julian.

## **1st April**

This afternoon has seen 5 members take part in the interclub hilly at Charminster. A dry and bright afternoon greeted the riders, but a chilly wind made the final leg from the top of Lyons gate to the finish a tough proposition. Julian Thacker carried on where he left off last season and Peter Tindley showed the effects of his winter training

regime. Andrew Preston turned in an excellent ride to see off Peter Washington by nearly two minutes and Jonathan decided he needs to do some training.

#### Result

1	Julian Thacker	55:44	15
2	Peter Tindley	59:24	13
3	Andrew Preston	1:00:23	11
4	Peter Washington	1:02:13	9
5	Jonathan Williamson	1:12:04	7

There were two spectators, both suffering horribly from 'man-flu'. Ian Locock was frustrated after an illness-free winter to have to miss the Yeovil 10 and Julian Foster has just got wet too often lately.

Last Sunday saw club members in action again at Thruxton. Below is Peter Washington's account of the day's events.

Dean & Peter W. set off with Alan (Deans Dad) at the wheel in very murky conditions with a forecast that might just stay dry until 12.00 Noon which would enable the 49km 3rds & 4ths race to be completed after a 10.30am start. We met Julian Thacker & a mate at the circuit and we set off in company of over 60 riders in damp blustery conditions. The racing was lively and one guy went clear by 5 minutes to win from a bunch which was down to below 40 at the finish. Dean was still suffering from the effects of 'flu the other week (and a late night out on the Town!) and dropped out after a few laps., Julian also did not complete the race, going out with a puncture on lap 4. The old campaigner finished about 28th. It started to rain at 12.15pm and we could not help but feel sorry for the Elite, 1/2 Category race scheduled for the afternoon.

#### 8th April

Our Open 10 was run quite successfully yesterday with only 4 non-starters from a field of 47. Dry although breezy weather was served up for the riders and two excellent rides inside 22 minutes were recorded by Max Baldock and Graeme Lackford. Julian Thacker led the club riders with his 23:21, followed by Ewan Tarrant on 24:36 after a bout of 'Flu. Julian Foster, warming up for today's Dorset Coast Audax event, was next with his 27:07, closely followed by Peter Tindley sporting a new aero helmet in 27:12. Simon Millington warmed up the course for the rest of the field from his first on the road starting position, returning to the timekeeper in 29:28.

Following dispensation from CTT South DC, our 25 next Saturday will run on a temporary version of the proposed revised course starting about 20m East of the junction with Gatemore Road. The finish is at the 50MPH East Knighton sign before the climb up to the Rainbow Garage after the third pass through Burton Cross roundabout. An accurate measurement of the course will be carried out shortly.

#### 9th April

Peter Gibbs is desperately seeking a bicycle flight box or bag that he can 'beg, borrow or rent' from 4th - 12th May. If you can help, ring Peter on 01929 462046.

Peter Washington is organising a series of evening road races at Moreton on behalf of TLI. A flyer is available from Peter at any of our club events or details from him on 01305 787415. First event is on 11<sup>th</sup> May running through to 10<sup>th</sup> August, entry on the line.

#### 15th April

This afternoon's 25 was contested by a field of twelve riders despite rain that threatened, but never really materialised until after the event. The use of an as yet unmeasured version of our course seemed to meet with approval and shows some promise. Julian Thacker maintained his winning ways setting the first course record at 59:00. It was also good to see four private trials, including ex-member Gordon Scott and a Come & Try it rider Dave Young.

## Result

1	Julian Thacker		59:00	15
2	John Chapman		1:2:51	13
3	Derek Dowden	Charlotteville CC	1:4:45	
4	Melvin Chen	Poole Whs	1:4:54	
5	Gordon Scott	Chippenham & Dist Whs	1:5:58	
6	Julian Foster		1:8:01	11
7	Dave Young	Come & Try It	1:9:25	
8	Jack Wiltshire	North Dorset Tri	1:9:30	
9	Peter Tindley		1:9:55	9
10	Peter Washington		1:9:58	7
11	Simon Millington		1:11:19	5
12	Andrew Preston		1:12:11	4

## 18th April

A surprising 15 riders signed on for the first evening 10 of the season on a cold and quite breezy night. Late afternoon showers had left the roads very wet, but thankfully the rain held off during the race. There were two guest riders this evening, but sadly Kieran Hayward was a non-finisher with another recurrence of his back problems. Julian Thacker posted an identical time to his Open 10 ride in winning the event from Rob Jones of the Army CU.

## Result

1	Julian Thacker		23:21	10
2	Rob Jones	Army CU	23:48	
3	Chris Jones		24:14	9
4	John Chapman		24:59	8
5	Carolan Smerdon		25:31	7
6	Mark Warren	Ludlow CC	26:17	
7	Julian Foster		26:42	6
8	Andrew Stevenson		26:49	5
9	Ian Lummes		27:17	4
10	Michelle Lindley		27:52	3
11	Peter Tindley		27:57	2
12	Peter Washington		28:13	1
13	Andrew Preston		28:18	1
14	Jonathan Williamson		30:55	1
	Kieran Hayward		DNF	

## 22nd April

Our three representatives in the Andover Wheelers Middlemarkers 10 did themselves and the club proud today with superb rides and PB's all round. Chris Jones was so successful that he won't be able to ride the event next year, having recorded 21:56 for a fine 4th place finish. Carolan Smerdon was second in the ladies section with her 23:08 and Michelle Lindley just missed the fourth lady prize with her 24:14.

## 25th April

This evening's 10 was won by Julian Thacker with an excellent 23:17 from Chris Jones on 23:39. In less than ideal conditions, eleven riders took the start although unusually there were no visitors or Come & Try It riders this week.

## Result

1	Julian Thacker	23:17	10	8	Ian Lummes	26:47	3
2	Chris Jones	23:39	9	9	Michelle Lindley	27:08	2
3	Ian Locock	24:03	8	10	Peter Tindley	27:26	1
4	Paul Gould	25:23	7	11	Peter Washington	28:59	1
5	Dean Critchel	25:25	6				
6	Carolan Smerdon	25:29	5				
7	Andrew Stevenson	25:57	4				

Julian Thacker reports a 19th place finish in the Norman Halewood Memorial Road Race at Rowlands Castle on Sunday. It was held in what Julian described as "horrible conditions" and resulted in Ewan Tarrant visiting the tarmac on the first lap. Unfortunately he was unable to continue due to damaged gears.

## 26th April

More information has arrived from Ewan in respect of his mishap on Sunday. To add insult to injury (of which there doesn't seem to have been any) it was Julian Thacker's mate that took Ewan out, after touching a wheel. However Ewan survived to ride the Andover Wheelers evening 10 last night, where he came fifth with a time of 22:20. The event was won by Jake Prior with 20:50, but Ewan doesn't explain why he preferred that course to ours. Just for good measure he is riding a criterium at the Mountbatten Centre in Portsmouth tonight on his training bike.

## FOR SALE

Pr of FIR Galaxium clincher wheels, Shimano freehub. £85 ovno.

2 Cateye CC-HB100 cycle computers with heart rate function. Includes wheel magnet, fork sensor, handlebar mount, instructions and heart rate chest strap. Batteries are commonly available and easily replaced on both the computer and chest strap. Spare parts still available. £25 each unit, payable to the charity of your choice. Contact Simon Millington on 01305 871009

Ladies size 5/38 Specialized Tahoe road/ATB cycling shoes. Only worn 6 times, but too small, hence excellent condition. £30 Rosemary Locock 01305 755052 day or 01305 815861 evenings & weekends.

VITTORIA Ultralite inner tubes 19/23C (20 available). Brand new, each in it's own box. £1.50 each. Jonathan Williamson 07973293948

MARIN Rocky Ridge mountain bike. Blue / Silver. £350 ono John 01305 783972

## Club Championship Points 25<sup>th</sup> April 2006

1	JULIAN	THACKER	50
2	JOHN	CHAPMAN	28
3	CHRIS	JONES	27
4	JULIAN	FOSTER	25
5	PETER	TINDLEY	25
6	ANDREW	PRESTON	22
7	CAROLAN	SMERDON	22
8	PETER	WASHINGTON	18
9	MICHELLE	LINDLEY	10
10	ANDREW	STEVENSON	9
11	JONATHAN	WILLIAMSON	8
12	IAN	LOCOCK	8
13	IAN	LUMMES	7
14	PAUL	GOULD	7
15	DEAN	CRITCHEL	6
16	SIMON	MILLINGTON	5

### Club Event Points 2006

10 m TT	10-9-8-7-6-5-4-3-2-1	best 10/16	to include 5mTT
25m TT	15-13-11-9-7-5-4-3-2-1	best 2/4	
18m Hilly	15-13-11-9-7-5-4-3-2-1	best 4/7	
Hill Climb	15-13-11-9-7-5-4-3-2-1		
50 miles	15-13-11-9-7-5-4-3-2-1		
100 miles	20-17-14-11-12-10		
12 hours	25-20-16-12-8		

All remaining finishers will be awarded one point, except in Open qualifying events



Svenson in the Valley  
Picture courtesy of Barry Clewett

#### CHAIRMAN

Paul Gould  
Myrtle Cottage  
Broadoak  
Bridport  
DT6 5PY  
Tel 01308 427038

#### SECRETARY

Jeremy Guy  
9 Moorfield Road  
Portland  
DT5 1SJ  
Tel 01305 820325

#### TREASURER

Kristina Pearce-Buckley  
Manor Bungalow  
Piddletrenthide  
Dorchester  
Tel 01300 348349

#### TIME TRIAL SECRETARY

Carolan Smerdon  
8 Churchward Avenue  
Preston  
DT3 6NZ  
Tel 01305 835979

#### PRESS SECRETARY

Ian Lummes  
32 Monmouth Road  
Dorchester  
DT1 2DG  
Tel 01305 265285